

Lockdown has Finished

It may be useful to mark the end of a period of lockdown, where some children are returning to school, albeit with a different routine.

Activity ideas

- Schools could celebrate the work of key workers and carers, by having a clap for carers at a specific time, or by making posters and cards.
- Children could be encouraged to make a 'Lockdown Time Capsule.' This could include:
 - Naming people and pets with whom lock down was spent
 - Remembering important events that took place during lockdown, for example, birthdays
 - How family kept in touch
 - Which activities they enjoyed, including photos of favourite days and celebrations during lockdown

What can we learn from lockdown?

- How has lockdown made us feel?
- What have we enjoyed about lockdown?
- What changes did we notice during lockdown – less noise, less traffic?
- Will we do things differently after lockdown?

Things to keep in mind...

Although schools are beginning to open, children may continue to have fears about returning to school as there are no guarantees that the coronavirus has gone.

They may need reminders to keep themselves safe. This may include reminders to wash hands and to practice social distancing. Use social stories, other visuals/objects of reference and continue to practice this at home.